**Chapter 2**

**Team Working**

“A group of people in which members work together intensively to achieve a common group goal”. We believe this cite by Lewis-McClear, Kyle and Taylor, M.S (1998) describes best, what team is all about.

“So why should I work in team? I do so much better when on my own!” Well, the number of benefits of team working is significant and there are pretty much no cons if there are any at all. There is an interesting article by ProofHub which includes most of the pros of team working. Firstly, it increases the creativity. Working together on a particular task will raise the levels of enthusiasm for the whole team. This is most likely to result in higher productivity, more meaningful ideas and foster both individual and group knowledge. Team discussions will often end up with having a bunch of good ideas to work on. Teamwork also maximizes the chances of learning from each other experiences. Shared workload and responsibilities is what may be the most important feature of this method. There is nothing better than knowing that you are not on your own and there is someone you can ask for help when you are stuck. Having a variety of characters gives everyone the opportunity to work on what they are most comfortable with, since we are not equally good in pretty much anything. Have fun! Is there a better way to get an important project done than doing it in a funny way? We do not think so. Having a friendly and easy-going environment suggests having fun and less stress on your workplace. Team building and icebreaker activities are a great way to get closer to each other and eventually become life-long friends, not just teammates for a certain project.

However, in order to achieve productive and stress-free environment there is a set of skills which are vital for every team member. Listen! Listening does not just mean being able to hear someone. That is hearing. In order to listen you must be opened up to your collocutor’s ideas and thoughts. It actually means understanding what your teammate is trying to say. When listening is done, the time for sharing opinions starts. Constructive criticism is the key to progress.

<https://blog.proofhub.com/top-11-benefits-of-teamwork-in-workplace-24a55b8ab46e>

<https://www.theconfidencemag.com/7-essential-skills-for-teamwork/>